



St. Clair Medical Services

Zubritzky and Christy OB-Gyn

Dear Dentist,

Our mutual patient is having a dental procedure as advised by you. Our general recommendations during the patient's pregnancy are the following as listing below. Please call our office for any specific questions.

- X-Rays** Shield patient's abdomen with appropriate size lead apron during all trimesters of pregnancy.
- Anesthetics** Local blocks with 1 or 2% plain Lidocaine is preferred. Topical anesthetics may be used without problem. Though bleeding (especially from gums) may be more brisk during pregnancy, Epinephrine in locals should be avoided as it may raise maternal pulse-pressure and fetal tachycardia. General anesthesia ("whiff mask" or intubation) should be avoided unless discussed with our office.
- Analgesics** **Recommended:** Tylenol, Tylenol with Codeine #3, Percocet for no more than a week's duration may be used for severe pain.
Not recommended: All NSAIDs - Motrin, Daypro, Alleve, etc. All Aspirin products - Empirin, Anacin, Goody's, etc.
- Antibiotics** **Recommended:** Penicillin, Ampicillin, Amoxicillin, Keflex, Ceftin, Erythromycin, Azithromycin
Not recommended: Tetracycline, Achromycin, Vibramycin, Doxycycline, Minocin, Sulfas, Bactrim, Septra, Floxin, Cipro, Levaquin, Trovan, Gentamycin, Clindamycin
- General** Pregnant patients are more prone to blood pressure changes (hypotension) after prolonged sitting or lying. Please monitor blood pressure and pulse changes and allow patients to rise slowly to avoid fainting.

Again, please do not hesitate to call us if you have any further questions.

Sincerely,

Dr. Paul Zubritzky
Dr. Patrick Christy
Dr. Tera Conway
Dr. Paula Duncan