

Pregnancy Care

- During your pregnancy you may have or develop medical issues that will require you to see a specialist for treatment for that particular issue. Examples of these include cardiology, neurology, pain management, urology, physical therapists and psychiatry
- We will not routinely prescribe on-going treatments for chronic medical issues. Please be sure to continue care with your primary care doctor or specialist
- We will not prescribe chronic pain medications.
- If you have depression/anxiety we strongly encourage you to work with a therapist especially if you are requiring medication for these issues. Therapy should be the first treatment in pregnancy.
- Pregnancy itself is not a disability. Although situations may arise that it is no longer advisable to continue working *most women* will be able to work throughout their entire pregnancy. This also helps to keep you active which is part of a healthy pregnancy. Without a medical indication we are unable to sign disability paperwork as we could potentially lose our licenses.
- If you have not gone into labor by 7-10 days past your due date we will need to plan an induction to assure both your health and your baby's health.
- We will not plan elective inductions before 7-10 days past your due date without a favorable cervical exam to keep your risk of C-Section as low as possible. If you have family from out of town, plan for them to come 2 weeks past your due date. That is a safe bet for everyone to get enjoy the new family time.